



# InfoSheet

# VOLUNTEERS

## PointScore

Dapto Swimming Club operates with the support of dedicated volunteers, and we need 22 volunteers to ensure the smooth running of our PointScore events. We truly appreciate your assistance throughout the season. Whether you can help every week or just once every fortnight, your time is invaluable to us.

## Volunteer Roles at PointScore

There are several roles at PointScore, all essential and integral to the success of our weekly PointScore events on Friday evenings.

## Timekeepers

We have nine lanes, which means we need nine timekeepers. It would be fantastic to assign two timekeepers for each lane. We are unable to commence proceedings until we have the necessary number of timekeepers. PointScore offers an excellent opportunity to learn timekeeping skills, an essential requirement at all carnivals.

## Handy Hints for Timekeepers

- Watch the starter carefully.
- Use your forefinger rather than your thumb to activate the stopwatch.
- Start the stopwatch at the flash rather than the sound.
- Always check that the stopwatch is operating correctly. Do this a number of times especially in longer events.
- If there is a problem, notify the chief timekeeper.
- When the swimmer is close to the finish line, say (five metres away) stand directly above the wall and look straight down. Stop the watch when any part of the swimmer's body touches the wall.
- You can complete the online [Swim NSW training module](#) if you are wishing to start your officiating journey.

## BBQs

This requires 3 people per week on a roster. One to cook at the barbeque, and 1 to 2 people to serve. Please arrive at 5.45pm to assist with set up and help with pack up.

If everyone helps, families only need to volunteer for BBQ a maximum of 3 times during the season. Everything is purchased before hand, we just need people on the night to take the leading role.

Please remember to

- Wash your hands before starting
- Wear gloves when handling food
- Hair is to be pulled up
- Keep the area clean and tidy
- Help pack up at the end of the evening

## Ropes

We require 2 people, one on each side of pool, to move the finish rope for 12.5m and 25m races.

Instructions:

- Hold the rope at the 12.5m mark of the pool so it sits on the top of the water for the 12.5m races.
- Move to the 25m mark of the pool for 25m races, then lift the rope out of the water and tie each end on the silver pool at the 25m point of the 50m pool
- Untie it and get ready again when the races move to the next stroke.

## Technical Roles

In addition to the above key roles, there are technical roles that we require help with:

- Referee
- Starter
- Announcer
- Registrar
- Point Score Recorder
- MPIO – Member Protection Information Officer

## Please Note

The Club Room is used for the running of Point Score and is off limits during the night.